

2022

# Activity Report

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ESC COUNCIL ON HYPERTENSION

FISCAL YEAR 2022 (APRIL 2021 TO MARCH 2022)

# Chairperson's Introduction



**Prof. Thomas Kahan, FESC**

*Chairperson of the Council on Hypertension 2020-2022*

Yet another challenging year with the covid-19 pandemic has passed. We have all tried to adapt to this, and I am pleased to note that the Council on Hypertension managed to achieve most of our objectives and provide important activities during the past year to our members and others interested in hypertension and related disease conditions. This included a well-attended webinar, an excellent programme at the annual European Society of Cardiology Congress 2021 and producing scientific documents.

The growth of the Council on Hypertension is continuous, and we have now passed 2400 members. This is important in our ambition to improve interaction and collaborations with Associations, Councils, and Working Groups within the European Society of Cardiology, and with other societies with an interest in hypertension. Indeed, we welcome many more of our members to take part in these activities and represent the Council on Hypertension. Do not miss this opportunity offered.

The Council on Hypertension has several projects and educational activities proposed for the year to come. I hope to see you all there.

## Highlights from 2021-2022

➔ Membership rose to over 2,400 members by March 2022

➔ **Four webinars** developed in different areas of hypertension management

➔ Active in **Scientific Documents** Development

# Council on Hypertension Nucleus 2020-2022



**Thomas Kahan**  
*Chairperson*



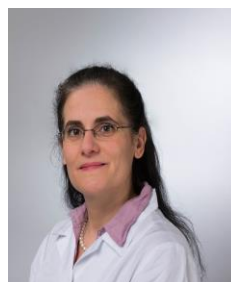
**Gianfranco Parati**  
*Chairperson-Elect*



**Giovanni di Simone**  
*Past Chairperson*



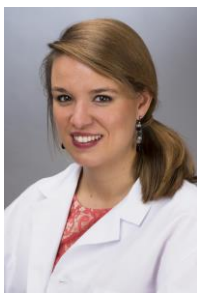
**Eva Gerdts**  
*Treasurer*



**Isabella Sudano**  
*Secretary*



**Felix Mahfoud**  
*Liaison Officer*



**Sofie Brouwers**  
*Young Community  
Officer*

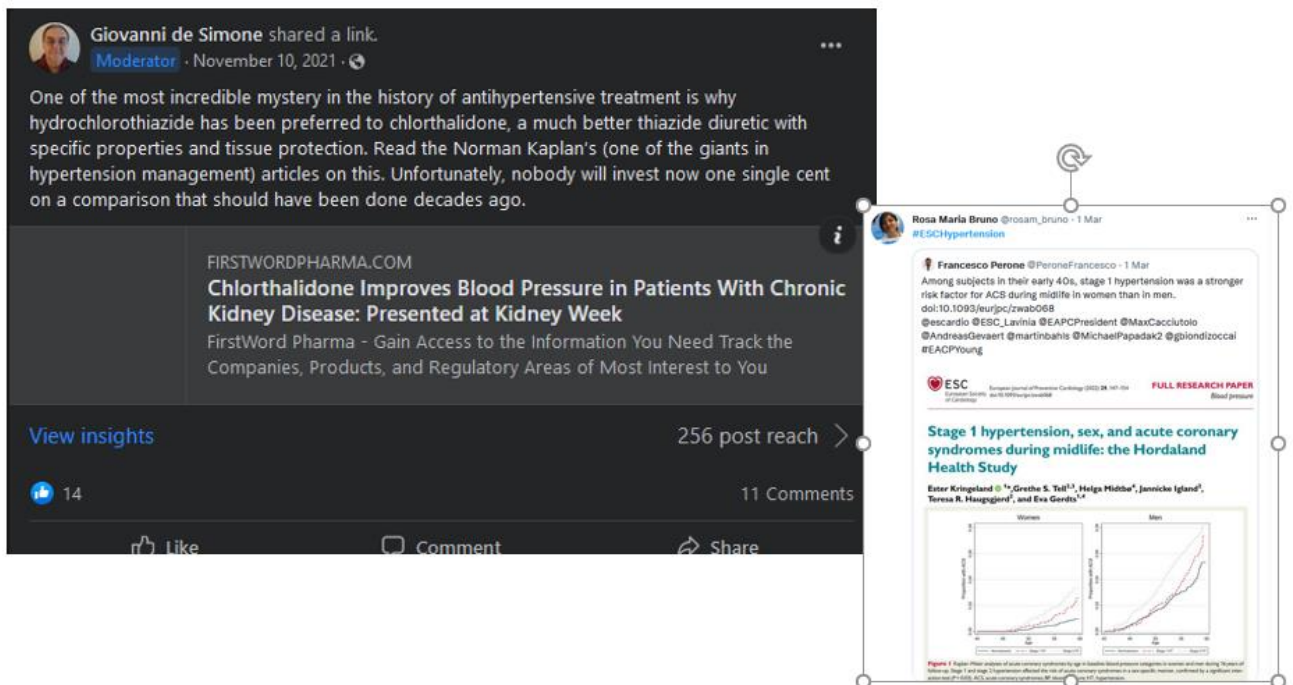


**Rosa Maria Bruno**  
*Communications  
Coordinator*

# Membership

In March 2022, the Council on Hypertension’s membership rose to over 2,400 health professionals from multiple fields.

The Council has continued to reach out to its members via its e-newsletter and to the larger community via the ESC Hypertension Facebook Group and Twitter #ESCHypertension.



# Congresses

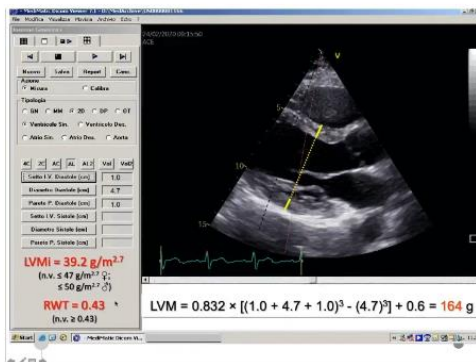
The Council was involved in developing sessions for the Hypertension topic programme for ESC Congress 2021 and has more recently been active in the proposal of the Hypertension sessions for the upcoming ESC Congress 2022.

# Education

## Webinars

The Council organised the following webinar in 2022:

Date	Title	Presenters	Host	Attendees
March 2022	<a href="#">Sex &amp; Gender in Hypertension</a>	Eva Gerdts Juan Tamargo	Giovanni de Simone	868



## Publications & Scientific Documents

Between 2021-2022, the Council has been developing these scientific documents:

- *Hypertension in Children & Adolescents*-> Accepted for publication
- *Sex Differences in Hypertension*-> Submitted (under revision)
- *Renal denervation for treatment of hypertension*

The Council also endorsed the 2022 World Hypertension League and International Society of Hypertension's Global call to Action on Dietary Sodium (Salt)